

MEDICAL REVIEW GUIDELINE6

Transplant Guideline and Review Process

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- Severe end stage organ damage that would have a significant impact on the member's survival
- Persistent noncompliance
- Lack of adequate social support system
- Active alcohol dependency or substance abuse

Active alcohol dependency and/or substance abuse requires six months of documented abstinence through participation in a structured alcohol/substance abuse program with

documentation of
participation in
a structured
program
with documented
abstinence for
six months

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- Patient meets criteria for severe acute alcoholic hepatitis with documented failure of treatment and/or catastrophic decompensation where 6-months of abstinence is not realistic AND transplant center has an institutional protocol that requires, at a minimum:
 - Appropriate patient and psychosocial support profile. Transplant center must have an institutional protocol to conduct psychosocial evaluation and proactively implement interventions to promote post-transplant success.
 - o Presence of close supportive social network
 - o Absence of severe coexisting diseases or severe psychiatric disorders
 - o Agreement by patient (with support of his/her social network) to ~~156~~ rehabilitation and monitoring, and to lifelong alcohol/cigarette abstinence
 - Evaluation by addiction specialist indicating high likelihood of success of post-transplant rehabilitation and abstinence
 - Approval by a medical review board that includes, in addition to the regular members, a psychiatrist, addiction specialist and an ethicist
 - No special consideration for acute decompensation with illicit drug addiction and/or abuse – Inactive alcohol and/or substance abuse (alcohol, crystal meth, heroin, cocaine, methadone, and/or narcotics, etc.)
 - Recreational or medicinal use of marijuana is not a contraindication.

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Originally adopted by the Medical Care Management Committee - June 15, 2021

Revised Date: September 15, 2022

Reviewed Date: September 18, 2023

MCMC Approval Date: January 18, 2024



▪ EXCEPTIONS FOR OTHER SOLID ORGAN TRANSPLANTS:

- Catastrophic decompensation where 6-months of abstinence is not realistic AND transplant center has an institutional protocol that requires, at a minimum:
 - Appropriate patient and psychosocial support profile. Transplant center must have an institutional protocol to conduct psychosocial evaluation and proactively implement interventions to promote post-transplant success.
 - Presence of close supportive social network
 - Absence of severe coexisting diseases or severe psychiatric disorders
 - Agreement by patient (with support of his/her social network) to post-transplant rehabilitation and monitoring, and to lifelong alcohol/cigarette abstinence – Evaluation by addiction specialist indicating high likelihood of success of post-transplant rehabilitation and abstinence
 - Approval by a medical review board that includes in addition to the regular members, a psychiatrist, addiction specialist and an ethicist
 - No special consideration for acute decompensation with illicit drug addiction and/or abuse
 - Inactive alcohol and/or substance abuse (alcohol, crystal meth, heroin, cocaine, methadone, and/or narcotics, etc.)
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