

May 15, 2025

## SLEEP STUDIES POLICY TO BE UPDATED EFFECTIVE MARCH 1, 2025

### BACKGROUND

Updates made to the Sleep Studies Medicaid Policy will become effective for dates of service on or after March 1, 2025.

Benefit information will be updated in the Texas Medicaid Provider Procedures Manual (TMPPM), Medical and Nursing Specialists, Physicians, and Physician Assistants handbook.

### KEY DETAILS

Effective for dates of service on or after March 1, 2025

Updates to policy include:

- Expansion of the Sleep Studies Medicaid Policy to include a new home sleep study test. Procedure code 95800 will become a benefit of Texas Medicaid for clients who are 18 years of age or older effective March 1, 2025.
- Procedure code 95800 describes a device that measures three or more channels, including pulse oximetry, actigraphy, and peripheral arterial tone (PAT).
- Clarified diagnosis restrictions and prior authorization requirements.
- Clarified reimbursement/billing guidelines.

### ADDITIONAL INFORMATION

#### Limitation Updates

Procedure code 95800 is limited to one study per day, any provider and two tests per rolling year, any provider:

Procedure Codes	Limitations
95800	One study per day, any provider

#### Provider Type Updates

Procedure code 95800 may be reimbursed to the following provider types and places of service:

Place of Service	Provider Type
Office	Physician, Portable X-Ray, Radiological and Physiological Lab
Outpatient Hospital	Hospital, Portable X-Ray, Radiological and Physiological Lab, Rural Emergency Hospital

## RESOURCES

A copy of the final draft of the Sleep Studies policy can be found in the [Texas Medicaid Provider Procedures Manual \(TMPPM\), Medical and Nursing Specialists, Physicians, and Physician Assistants handbook Section 9.2.71.](#)