

March 10, 2026

FREQUENTLY ASKED QUESTIONS RELATED TO THE MEDICARE GLP-1 BRIDGE

SUMMARY OF NOTIFICATION

The purpose of the attached memorandum is to provide responses to frequently asked questions (FAQs) related to the Medicare GLP-1 Bridge. CMS will provide additional information on the design of the Medicare GLP-1 Bridge in Spring 2026.

BACKGROUND

On December 23, 2025, CMS announced the Better Approaches to Lifestyle and Nutrition for Comprehensive hEalth (BALANCE) Model and a separate short-term demonstration (now called the “Medicare GLP-1 Bridge”) that will begin in July 2026 and serve as a bridge to the BALANCE Model in Medicare Part D.

KEY DETAILS

Please review the [FAQs guide](#) for detailed information for plan sponsors, providers, pharmacies and PBMs.